

# CONTENTS

Foreword	7
Introduction	11
Chapter 1 With the Spirit in my Heart and the Gospel in my Hand	17
Chapter 2 On the Road to Marriage	29
Chapter 3 Education as a Soccer Match	55
Chapter 4 Fruitful Love	81
Chapter 5 Enduring Love in a Different Way	105
Chapter 6 Growing in Indissoluble Love	135
Chapter 7 Please? Thank you! Sorry...	161
Conclusion (as opening)	185